

GLUTEN FREE ITEMS AVAILABLE ON PRESCRIPTION

LOGLIFE BREAD	Pack Size		NO of UNITS	Quantity Required	Total Units
Glutafin G/F Fibre Loaf (Sliced)	1 x 400g		1.0		
Glutafin G/F White Loaf (Sliced)	1 x 400g		1.0		
Glutafin G/F Select Fibre Loaf (Sliced)	1 x 400g		1.0		
Glutafin G/F Select Seeded Loaf (Sliced)	1 x 400g		1.0		
Gluyafin G/F Select White Loaf (Sliced)	1 x 400g		1.0		
Juvela Fibre Loaf (Sliced)	1 x 400g		1.0		
Juvela Fibre Loaf (Un sliced)	1 x 400g		1.0		
Juvela White Loaf Sliced	1 x 400g		1.0		
Juvela Part Baked Loaf	1 x 400g		1.0		
Juvela Part Baked Fibre Loaf	1 x 400g		1.0		
FRESH BREAD					
Genius Bread Brown (Sliced)	8 x 400g	3200g	8.0		
Genius Bread White (Sliced)	8 x 400g	3200g	8.0		
Genius Bread Brown (Un sliced)	8 x 400g	3200g	8.0		
Genius Bread White (Un sliced)	8 x 400g	3200g	8.0		
Juvela Fresh Fibre Loaf (Sliced)	8 x 400g	3200g	8.0		
Juvela Fresh Loaf White (Sliced)	8 x 400g	3200g	8.0		
Lifestyle Brown Bread (Sliced)	8 x 400g	3200g	8.0		
Lifestyle Brown Bread (Un sliced)	8 x 400g	3200g	8.0		
Lifestyle High Fibre Bread (Sliced)	8 x 400g	3200g	8.0		
Lifestyle High fibre Bread (unsliced)	8 x 400g	3200g	8.0		
Lifestyle White Bread (Un sliced)	8 x 400g	3200g	8.0		
Lifestyle White Bread (Sliced)	8 x 400g	3200g	8.0		
Warburtons Bread White (Sliced)	4 x 400g	1600g	4.0		
Warburtons Bread Brown (Sliced)	4 x 400g	1600g	4.0		

LOGLIFE ROLLS	Pack Size		No of Units	Quantity Required	Total Units
Glutafin G/F White Rolls	4 x 50g	200g	0.5		
Glutafin G/F Fibre Rolls -part baked	4 x 50g	200g	0.5		
Juvela Bread White Rolls - part baked	5 x 75g	375g	1.0		
Juvela Fibre Bread Rolls	5 x 75g	375g	1.0		
FRESH ROLLS					
Juvela Fresh Fibre Rolls *	8 x (5x85g)	3400g	8.0		
Juvela Fresh White Rolls *	8 x (5x85g)	3400g	8.0		
Lifestyle Brown Rolls*	8 x (5x85g)	3400g	8.0		
Lifestyle High Fibre Rolls	8 x (5x80g)	3200g	8.0		
Lifestyle Fresh White Rolls	8 x (5x80g)	3200g	8.0		
Warburtons Bread Roll Brown	4x(3x73.33g)	880g	4.0		
Warburtons Bread Roll White	4x(3x73.33g)	880g	4.0		
SPECIALITY BREADS					
Livwell Flat Breads (Pitta x 4)	220g	220g	0.5		
Livwell Tear Frop Flat Breads (Naan)	2 x 90g	180g	0.5		
CRACKERS & CRISPBREADS					
Glutafin G/F High Fibre Crakers	200g		1.0		
Glutafin G/F Mini Crakers	175g		1.0		
Glutafin G/F Crackers	200g		1.0		
Glutafin G/F Crisp Bread	150g		0.75		
Juvela Crispbread	200g		1.0		
Juvela Cracker	125g		0.5		

CONTINUED OVERLEAF

GLUTEN FREE ITEMS AVAILABLE ON PRESCRIPTION

PIZZA BASES	Pack Size		NO of UNITS	Quantity Required	Total Units
BARKAT Brown Rice Pizza Crust	1 x 150g		0.5		
Barkat White Rice Pizza Crust	1 x 150g		0.5		
Proceli Pizza Bases	2 x 125g	250g	1		
PASTA					
Glutafin G/F Penne	500g		2.0		
Glutafin G/F Lasagne	250g		1.0		
Glutafin G/F Tagliatelle	250g		1.0		
Juvela Fibre Penne	500g		2.0		
Juvela Tagliatelle	250g		1.0		
Juvela Macaroni	500g		2.0		
Juvela Lasagne	250g		1.0		
Rizopia Organic Brown Rice Pasta Fusilli	500g		2.0		
Rizopia Organic Brown Rice Pasta Penne	500g		2.0		
Rizopia Organic Brown Rice Pasta Spaghetti	500g		2.0		
Rizopia Organic Brown Rice Pasta Lasagne	375g		1.5		
CEREALS					
Juvela Fibre Flakes	300g		1.5		
juvela Pure Oats	500g		1.5		
Juvela Flakes	300g		1.5		
Nairn's Oat Porridge	500g		1.5		

HOMEBAKING	Pack Size		No of Units	Quantity Required	Total Units
Glutafin G/F Multipurpose White Mix	500g		2.0		
Glutafin G/F Select Multipurpose White Mix	500g		2.0		
Glutafin G/F Select Bread Mix	500g		2.0		
Glutafin G/F Select Fibre Bread Mix	500g		2.0		
Innovative Solutions Pure Brown Teff Flour	1kg		4.0		
Innovative Solutions Pure Brown Rice Flour	500g		2.0		
Innovative Solutions Pure White Rice Flour	500g		2.0		
Innovation Solutions Pure Blended Flour	1kg		4.0		
Innovation Solutions Pure Tapioca Starch Flour	500g		2.0		
Innovation Solutions Pure White Teff Flour	1kg		4.0		
Innovation Solutions Xanthan Gum	100g		1.0		
Juvela Fibre Mix	500g		2.0		
Juvela Harvest Mix	500g		2.0		
Orgran Self Raising Flour	500g		2.0		
Orgran Bread mix	450g		2.0		
Wellfoods Flour Alternative (gluten, wheat, dairy & lactose free)	1kg		4.0		

TOTAL NO OF UNITS=